PRAYER TO CARRY TODAY

CRYING INTO YOUR PILLOW?

JOY COMES IN THE MORNING.

Lord, I'm turning the pillow over. Turn my weeping into joy.

"Weeping may stay for the night, but joy comes in the morning."

PSALMS 30:5 WEB

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PRAYER TO CARRY TODAY

A GUEST FOR THE NIGHT

Some nights the tears come late, after the house is quiet and there's nothing left to keep busy with. You might feel you should be past this by now, or that crying means you're not trusting God enough.

Psalm 30 says otherwise. The Hebrew word for stay is the one used for a traveller lodging overnight: weeping may come in and stay the night. It isn't turned away at the door, and it isn't scolded. But it is a guest, not the owner of the house. Joy is the one who comes in the morning, and the God who turned David's mourning into dancing hasn't changed. Your tears don't slow Him down.

So let them come if they need to. Then turn your pillow over to the cool side, take one slow breath, and tell Him, in whatever words you have, that the rest of the night is His. You don't have to feel the morning yet to rest in the promise that it's coming.

PRAYER TO CARRY TODAY

SCRIPTURE

Weeping may stay for the night, but joy comes in the morning.

PSALMS 30:5 (WEB)

A PRAYER FOR TODAY

Lord, my pillow is wet and the night is long. Stay close in the dark, and when morning comes, let Your joy find me.

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