PRAYER TO CARRY TODAY

# STOP FOR SOMEONE TODAY.

## THAT'S WHERE LIFE IS.

Lord, take me out of my way today. Let me find life there.

"He who follows after righteousness and kindness finds life, righteousness, and honour."

PROVERBS 21:21 WEB

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PRAYER TO CARRY TODAY

# KINDNESS IS NOT A DETOUR

Some mornings your day is full before it begins: your plans, your list, your own lane. Stopping for anyone feels like falling behind.

Proverbs 21:21 points somewhere you might not expect. The Hebrew behind “follows after” means to chase hard, to go out of your way on purpose. And the one who goes after kindness finds more than they went looking for: life, righteousness and honour, given back on top. Kindness isn't a detour from your life. It's where your life turns up, and where you meet God, because kindness was His before it was ever ours.

So before noon, do one kind thing nobody asked you to do. Pick something up, carry something, wait for someone who's slower than you. Keep it small. Then notice how the rest of the day feels.

PRAYER TO CARRY TODAY

SCRIPTURE

He who follows after righteousness and kindness finds life, righteousness, and honour.

PROVERBS 21:21 (WEB)

A PRAYER FOR TODAY

Lord, my day is full of my own plans. When someone drops something today, let me set my bag down, hand it back, and meet You while I help.

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