PRAYER TO CARRY TODAY

YOU'RE FORGIVEN. ALL OF IT. SLEEP CLEAN.

Lord, I've told You what I can see. Cleanse what I can't, and let me sleep.

"If we confess our sins, he is faithful and righteous to forgive us the sins and to cleanse us from all unrighteousness."

1 JOHN 1:9 WEB

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PRAYER TO CARRY TODAY

ALL OF IT, NOT SOME

Nights can be the hardest place for an uneasy conscience. The house goes quiet and your mind doesn't. You go back over a conversation, a choice, something you meant to make right, and you wonder whether you've told God enough of it to really be clear.

Look at the last words of the promise: He cleanses us from all unrighteousness. Not only the list you managed to say, but what you missed, what you couldn't name, what you didn't know was there. That's why Paul could write that there is now no condemnation for those who are in Christ Jesus. Forgiveness doesn't rest on how thorough you were tonight. It rests on how faithful He is.

Put something fresh on your bed tonight, even just a clean pillowcase. As you do it, tell God you're giving Him all of it, the said and the unsaid. Then turn out the light and sleep.

PRAYER TO CARRY TODAY

SCRIPTURE

If we confess our sins, he is faithful and righteous to forgive us the sins and to cleanse us from all unrighteousness.

1 JOHN 1:9 (WEB)

A PRAYER FOR TODAY

Lord, I'm awake and going over it again. You cleanse all of it, even what I missed. Spread that over me like this clean sheet, and let me rest.