
PRAYER TO CARRY TODAY
RUNNING OUT OF STRENGTH?
HIS HAND IS STRONG.
Lord, I'm halfway up and out of strength. Your hand is strong. Carry me over.
"You have a mighty arm. Your hand is strong, and your right hand is exalted."
PSALMS 89:13 WEB
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PRAYER TO CARRY TODAY

THE HAND BEHIND THE PUSH

It's the middle of the day and you're already running low. Maybe it's a deadline, a shift that won't end, or someone who needs more than you have. There's still a hill between you and tonight, and your legs are telling you so.

Psalm 89:13 says God has a mighty arm and a strong hand. Ethan has just sung about that hand making the heavens and the earth, and a few verses later he calls God the glory of His people's strength (v. 17). The strength you need this afternoon isn't something you have to dig up in yourself. It comes from the hand behind you, and that hand is stronger than the hill.

Write down the one task draining you most. Ask God for His strength in one plain sentence. Then do the first ten minutes of it, and keep going with Him behind you.

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SCRIPTURE

You have a mighty arm. Your hand is strong, and your right hand is exalted.

PSALMS 89:13 (WEB)

A PRAYER FOR TODAY

Lord, I'm running on fumes and the hill isn't done. Put Your strong hand behind mine, and I'll keep going.

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