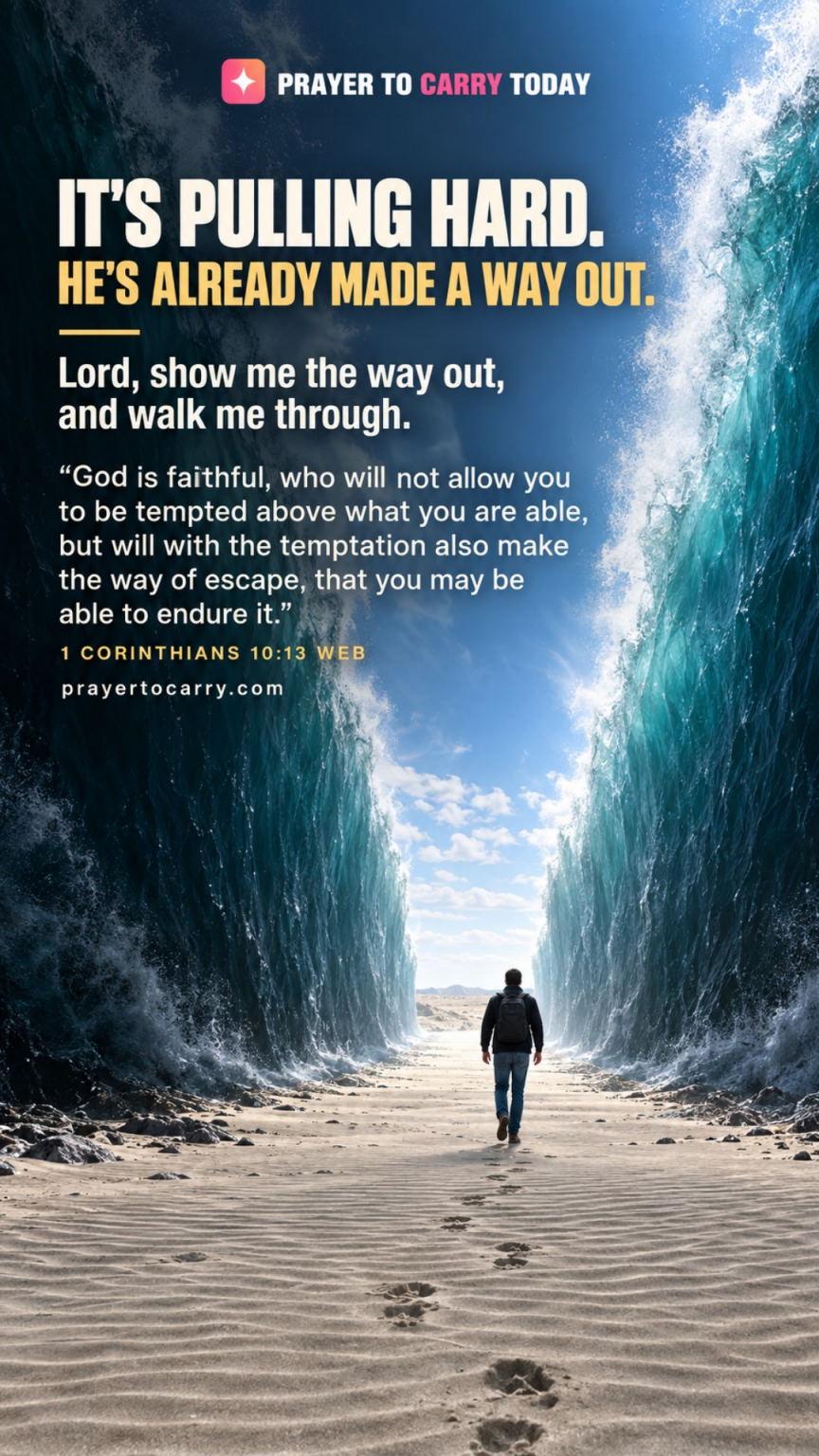

PRAYER TO CARRY TODAY
IT'S PULLING HARD.
HE'S ALREADY MADE A WAY OUT.
Lord, show me the way out,
and walk me through.
"God is faithful, who will not allow you to be tempted above what you are able, but will with the temptation also make the way of escape, that you may be able to endure it."
1 CORINTHIANS 10:13 WEB
prayertocarry.com

PRAYER TO CARRY TODAY

THE WAY OUT IS REAL

Midday has a way of finding the weak spot. You're tired, the afternoon is long, and something you've walked away from before is pulling hard again. It can feel as if you're the only one, and as if giving in is only a matter of time.

Paul wrote to people who knew that pull: “No temptation has taken you except what is common to man” (1 Corinthians 10:13). Then he made a promise about God, not about our willpower. God is faithful, and He “will with the temptation also make the way of escape.” The pull is real, but so is the exit, and He made it before you got here. Earlier in the same chapter, Paul remembers the sea that opened for Israel.

When it pulls this afternoon, get up and move: another room, outside, a walk around the block. Often the way out begins with your feet.

PRAYER TO CARRY TODAY

PRAYER TO CARRY TODAY

SCRIPTURE

God is faithful, who will not allow you to be tempted above what you are able, but will with the temptation also make the way of escape, that you may be able to endure it.

1 CORINTHIANS 10:13 (WEB)

A PRAYER FOR TODAY

Lord, the pull is strong and the walls feel high. You opened the sea before. Open the way for me now, and I will walk.

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