
PRAYER TO CARRY TODAY
YOU CAN BE AFRAID
AND STILL TRUST HIM.
Lord, I'm afraid, and I'm putting my trust in You. Keep watch while I sleep.
"When I am afraid, I will put my trust in you."
PSALMS 56:3 WEB
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PRAYER TO CARRY TODAY

CHECK IT ONCE, THEN LEAVE IT

Night has a way of making you check things again. The lock, the stove, the phone, the balance, the last message you sent. Nothing has changed since the last time you looked. Fear just wants one more look.

David wrote this while he was in enemy hands, seized in a city where people wanted him dead. He doesn't pretend the fear is gone: "When I am afraid, I will put my trust in you" (Psalm 56:3). Trust here isn't the absence of fear. It's what you do with fear while it's still there. You hand it to the One who never sleeps.

Tonight, check the thing you need to check, once. Then leave it. Turn off the light and go to bed, and if the urge to check again comes, say the verse instead.

PRAYER TO CARRY TODAY

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SCRIPTURE

When I am afraid, I will put my trust in you.

PSALMS 56:3 (WEB)

A PRAYER FOR TODAY

Lord, I've checked the door, and I'm still afraid. I'm taking my hand off the lock. Guard this house through the night, and let me rest.

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