PRAYER TO CARRY TODAY

YOUR POCKETS ARE FULL
OF WHAT HE GAVE TODAY.

Lord, I almost forgot. Look what You put in my pockets today. I won't forget.

"Praise the LORD, my soul, and don't forget all his benefits."
PSALMS 103:2 WEB

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PRAYER TO CARRY TODAY

BEFORE YOU FORGET

Some days, by evening, the hard moments are all you can remember. One sharp word or one thing that went wrong, and it starts to feel like that was the whole day.

Here David talks to his own soul, the way you might talk to a friend who has lost the thread, telling himself to praise and not to forget. The good was real, even if it was small: a meal, a laugh, someone who held the door, the strength to get through the afternoon. None of it arrived by accident, and none of it is cancelled by what went wrong.

Before bed tonight, write down three good things from today. Small ones count. Leave the list where you'll see it in the morning, so the day you remember is closer to the day you actually had.

PRAYER TO CARRY TODAY

PRAYER TO CARRY TODAY

SCRIPTURE

Praise the LORD, my soul, and don't forget all his benefits.

PSALMS 103:2 (WEB)

A PRAYER FOR TODAY

Lord, I've carried the hard parts of today home and nearly lost the rest. As I empty my pockets tonight, don't let me forget one thing You gave.

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