PRAYER TO CARRY TODAY

LOVE COMES FROM HIM.
POUR IT OUT TODAY.

Lord, Your love filled me first. Today I'm pouring it out.

"Beloved, let's love one another, for love is of God; and everyone who loves has been born of God and knows God."

1 JOHN 4:7 WEB

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PRAYER TO CARRY TODAY

FILLED BEFORE YOU POUR

Some mornings start on empty. The alarm goes, the day's list is already loud, and giving anything to anyone feels like a lot to ask before you've even had your coffee.

John doesn't start with an instruction to try harder. He starts with where love comes from. It is of God, so it isn't something you have to manufacture by nine o'clock. He fills you first, and whatever you pour out today was poured into you before you got up. Loving people is simply what it looks like to belong to Him.

Before noon, do one small thing for someone they won't expect: make the second cup, send the kind message, carry the heavy thing. Keep it easy. You're only passing on what you were given.

PRAYER TO CARRY TODAY

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SCRIPTURE

Beloved, let's love one another, for love is of God; and everyone who loves has been born of God and knows God.

1 JOHN 4:7 (WEB)

A PRAYER FOR TODAY

Lord, I’m starting this morning on empty. Fill me again. Show me who needs the second cup today, and let Your love be what I pour.

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