
PRAYER TO CARRY TODAY
HE'S PULLING UP.
NO QUESTIONS ASKED.
Lord, I need help out here. Thank You for coming.
"God is our refuge and strength, a very present help in trouble."
PSALMS 46:1 WEB
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PRAYER TO CARRY TODAY

HELP THAT COMES

Some nights you end up stranded. Not on a roadside, maybe, but somewhere you didn't plan to be: out of energy, out of answers, and reluctant to ask anyone for help.

Psalm 46 calls God "a very present help in trouble." Present means near, not watching from a distance. He doesn't need you to explain how you got there before He comes. Like a friend who pulls up at midnight without a lecture, He comes first, and He doesn't make you earn His help. The same psalm pictures the earth shaking and the seas roaring, and God is still the refuge in the middle of it.

Before you sleep tonight, tell God plainly where you're stuck, even if you're not sure how you got there. Then let yourself be helped, and rest knowing you aren't alone out there.

PRAYER TO CARRY TODAY

SCRIPTURE

God is our refuge and strength, a very present help in trouble.

PSALMS 46:1 (WEB)

A PRAYER FOR TODAY

Lord, I'm stuck out here and too tired to explain. You are a very present help in trouble. Pull up beside me, and let me rest.

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