PRAYER TO CARRY TODAY

WHAT'S KEEPING YOU UP IS SMALLER THAN HE IS.

Lord, it looked so big tonight. Comfort me with how big You are.

"I, even I, am he who comforts you."
ISAIAH 51:12 WEB

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PRAYER TO CARRY TODAY

THE GOD WHO COMFORTS

At night, worries grow. Something that seemed manageable at lunchtime can look enormous at midnight, and it can keep you awake, turning it over and over.

God speaks into exactly that: "I, even I, am he who comforts you." Then He asks why His people are afraid of mere mortals, and reminds them who He is: the LORD their Maker, who stretched out the heavens and laid the foundations of the earth. Whatever is keeping you awake is real, but it isn't bigger than the one who made the sky.

Before you sleep, name what's worrying you. Then remind yourself out loud who God is: "You made the heavens. You are the one who comforts me." Let His greatness, not the problem's size, be the last thing you think about tonight.

PRAYER TO CARRY TODAY

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SCRIPTURE

I, even I, am he who comforts you.

ISAIAH 51:12 (WEB)

A PRAYER FOR TODAY

Lord, this worry keeps growing in the dark. You made the sky above my roof. Be the one who comforts me while I sleep.

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