
PRAYER TO CARRY TODAY

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LIVING FROM A NEW HEART

You may wake up expecting today to look like yesterday. The same reactions, the same struggles, the same version of you. It's hard to believe real change is possible, especially in things that have been there a long time.

Through Ezekiel, God promised, "I will also give you a new heart, and I will put a new spirit within you." In the next breath He adds, "I will put my Spirit within you." The change He promises isn't you trying harder with the same old equipment. It's God giving you something new, and living in you by His Spirit.

This morning, pick one moment in your day where the old reaction usually wins: a frustration, a fear, a habit. When it comes, pause and pray, "Spirit of God, help me live from the new heart." Then respond from there.

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SCRIPTURE

I will also give you a new heart, and I will put a new spirit within you.

EZEKIEL 36:26 (WEB)

A PRAYER FOR TODAY

Lord, I'm afraid today will look just like yesterday. Put Your new spirit within me, and let the new heart lead.

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